



Novelist, Critic and Editor Joan Juliet Buck Joins Holland America Line's Nov. 29 O, The Oprah Magazine Adventure of Your Life Cruise to Share her New Memoir 'The Price of Illusion'

November 9, 2017

*Fitness Evangelist Angela Davis and Yoga Guru Sarah Ivanhoe also join the cruise;
Select 'O Favorite Things' 2017 items available in the onboard boutique*

Seattle, Wash., Nov. 9, 2017 — Holland America Line and *O, The Oprah Magazine's* Adventure of Your Life Cruise is adding novelist, critic, essayist and editor Joan Juliet Buck to the lineup of visionaries who will be on board the Nov. 29, 2017, 11-day voyage to the Caribbean aboard *Koningsdam*. Buck will join *O, The Oprah Magazine's* Books Editor Leigh Haber for the O's Reading Room onboard discussion about her new memoir, "The Price of Illusion."

Motivational speaker and fitness evangelist Angela M. Davis and yoga expert Sara Ivanhoe will return for a second sailing with Holland America and *O, The Oprah Magazine*. Both Davis and Ivanhoe were part of the *O, The Oprah Magazine* Share the Adventure Cruise to Alaska in July 2017 where they inspired guests to live their best life.

"Joan has led an incredibly rich and interesting life, and we're thrilled that she's going to share her story with our guests on this Adventure of Your Life cruise," said Orlando Ashford, president of Holland America Line. "These special cruises are transformative and life-changing for many of our guests, and we've carefully selected experts like Angela and Sara who we know will make deep connections and have a profound impact on our guests during their time on board."

In addition, select items from O Favorite Things in the December 2017 issue of *O, The Oprah Magazine* will be available for purchase in the on board gift shop — just in time to do some holiday shopping. Highlights of items from the list that will be available for purchase include Peepers Center Stage polarized sunglasses, Barefoot Dreams Luxe Milk Jersey Piped PJ set, and Oprah Winfrey's "Wisdom of Sunday," a collection of meaningful insights from Super Soul Conversations.

Buck Exposes Her World in The Price of Illusion

In "The Price of Illusion," Buck shares her life over 50 years, detailing her time spent in the creative hearts of London, New York, Los Angeles and Paris. The only child of a volatile movie producer, Buck became a magazine journalist at 19 to reflect and record the life she'd been brought up in. After a career writing for *Vogue* and *Vanity Fair*, she was named the first American woman to edit *Vogue Paris*.

Including a spectacular cast of legends, monsters and stars, her memoir is a moving account of a remarkable woman's rocky passage through glamour and passion, family duty and madness, in search of her true self.

Guests who wish to purchase *The Price of Illusion* before the cruise can visit the Simon and Schuster website at simonandschuster.com/books.

Motivational Speaker and Fitness Evangelist Angela Davis

Angela Davis is an international fitness evangelist and motivational coach who lives by the motto "too blessed to be stressed." As a former member of the USA Track and Field Team, Davis was a five-time All-American who held world rankings in the 100 meters. She also was an Olympic Trials semi-finalist, a member of the World Championship team and a professional runner for Nike. Davis has appeared on and was a part of a national arena tour in 2014.

Today Davis can be found instructing one of the most sought-after SoulCycle classes with celebrity clients. Davis also is the creator of the AMDIO Method, which promotes lasting change from the inside out.

Yoga Guru Sara Ivanhoe Leads Just Breathe!

Sara Ivanhoe is the Yoga Spokesperson for Weight Watchers, most recently releasing the "Weight Watchers Yoga Starter Kit." Teaching since 1995, she is the instructor for the "Yoga for Dummies" series, the "Crunch Yoga" series and the collaboration with Russell Simmons "Yoga Live."

Ivanhoe had an extended run on Fit TV with "All Star Workouts" and on Exercise TV with "Yoga on the Edge." She was a regular on VH1's "Dr. Drew's Celebrity Rehab" and is highlighted in the acclaimed documentary "Titans of Yoga" and "Women of Bhakti." Ivanhoe is currently getting her Master's Degree at LMU's Inaugural Yoga Philosophy program and serves as Student Senator of Bellarmine College.

Each morning on the Share the Adventure Cruise, Ivanhoe led more than 200 guests on a path of yoga and meditation around the Lido Pool. She will host the Just Breathe! morning session on the Adventure of Your Life Cruise as well, featuring a special morning session on the beaches of private island Half Moon Cay.

Holland America Line previously announced that SuperSoul 100 Members psychologist, best-selling author and international speaker Dr. Shefali Tsabary and author, speaker and life coach Tim Storey also will be on board the 11-day Caribbean cruise.

Holland America Line and O, The Oprah Magazine Partnership

Holland America Line and *O, The Oprah Magazine's* exclusive partnership unites the soul-stirring power of travel with O's deep commitment to

connection and personal growth. The November departure is the first of four special Adventure of Your Life Cruises with Holland America Line and *O, The Oprah Magazine*. The three additional sailings also featuring SuperSoul 100 Members to be announced depart March 3, 2018, seven-day Caribbean; Aug. 11, 2018, seven-day Alaska; and Oct. 28, 2018, seven-day Caribbean.

In July 2017, Oprah Winfrey made a special appearance on the Share the Adventure Cruise to Alaska, which also hosted *O, The Oprah Magazine* Editor-at-Large Gayle King, Editor-in-Chief Lucy Kaylin, Creative Director Adam Glassman and Haber; SuperSoul 100 members Grammy Award-winning singer and songwriter India.Arie; motivational speaker Glennon Doyle and Davis; Impatient Foodie founder Elettra Wiedemann and Ivanhoe.

Through the end of 2018, Holland America Line cruises sailing from North America will offer a variety of engaging activities developed with the magazine's editors including meditation, exercise, healthy eating, the onboard book reading room and more. Cruise destinations feature Alaska, Bermuda, Canada and New England, the Caribbean, Hawaii, Mexico and the Panama Canal.

The 11-day Adventure of Your Life Caribbean cruise is roundtrip Fort Lauderdale, Florida, and calls at Basseterre, St. Kitts; Castries, St. Lucia; Bridgetown, Barbados; Fort-de-France, Martinique; St. Johns, Antigua; St. Thomas, U.S.V.I.; and Half Moon Cay, Holland America Line's award-winning private island in the Bahamas. Fares on the Nov. 29 cruise start at \$699 per person, double occupancy. Taxes, fees and port expenses are additional.

For more information, contact a travel professional, call 1-877-SAIL-HAL (1-877-724-5425) or visit hollandamerica.com.

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About Holland America Line [a division of Carnival Corporation and plc (NYSE: CCL and CUK)]

Holland America Line's fleet of 14 ships offers more than 500 cruises to more than 400 ports in 98 countries, territories or dependencies around the world. From shorter getaways to 113-day itineraries, the company's cruises visit all seven continents, with highlights including Antarctica explorations, South America circumnavigations, Cuba cruises and exotic Australia/New Zealand and Asia voyages; four annual Grand Voyages; and popular sailings to the Caribbean, Alaska, Mexico, Canada and New England, Bermuda, Europe and the Panama Canal. The line welcomed *ms Koningsdam* in 2016 and has a second Pinnacle-class ship, *ms Nieuw Statendam*, to be delivered in December 2018. A third Pinnacle-class ship, due for delivery in 2021, recently was announced.

The company is undergoing \$300 million in brand enhancements to secure its position as the leader in premium cruising. Fleetwide, the ships feature innovative initiatives and a diverse range of enriching experiences focused on destination immersion and personalized travel. Guests can expand their knowledge through an exclusive partnership with *O, The Oprah Magazine*; during an America's Test Kitchen show; at Explorations Café presented by The New York Times; and by taking a Digital Workshop powered by Windows. Outstanding entertainment fills each evening at venues including Lincoln Center Stage, Billboard Onboard and B.B. King's Blues Club. The dining experience can be savored at a variety of restaurants with menus that feature selections from Holland America Line's esteemed Culinary Council, comprising world-famous chefs who design dishes exclusively for our guests.

CONTACT: Sally Andrews
PHONE: 800-637-5029
EMAIL: pr@hollandamerica.com